



**Career Planning Readiness
Self Assessment**



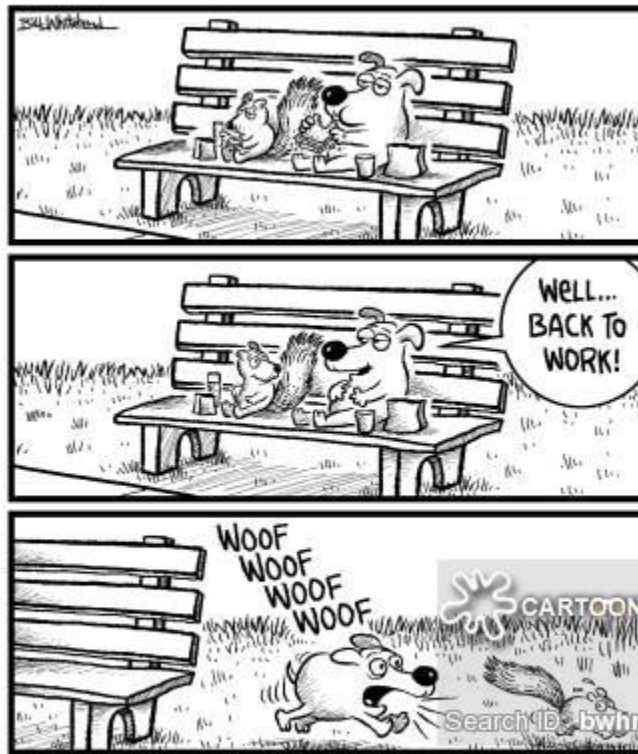
Major and Career Exploration



Action Planning, Decision Making

Career Exploration

Ice Breaker



What is Career & Education Planning?



**Orientation, Self Knowledge Discovery,
Exploration,
Decision Making,
Action, Adaptation**

A continuous, lifelong process

of exploration and planning of career and educational goals
compatible *with your interests, values, talents, personality and
aspirations.*

Your Life Plan



As you plan your career you should consider the big picture...your life plan. Your career decisions will dramatically impact your lifestyle.

| | | |
|-----------------------------|-------------------------------|--------------------------|
| Where you live | Your income | Time at home |
| Your work hours | Your travels | Job security |
| Your work associates | Your choice of friends | Your leisure time |

Interesting Facts

- **60% of Entering Freshmen have NOT decided on a major.**
- **In 1973, 28% of U.S. jobs required a college degree. In 2018, 63% of jobs will require a degree (with MA leading the nation with 70%).**
- **Only 14% of U.S. workers say they are employed in their dream careers.**
- **80% of people are NOT working in the field that they have received their degree in.**

Career Myths Discussion

- ▶ Career testing will tell me what career is right for me.
- ▶ There is a perfect career for me.
- ▶ I'll pursue whatever career is in demand.
- ▶ If I make the wrong decision, I'll be stuck forever.
- ▶ I know everything I need to know about the career of my choice.

Understanding yourself...

- ▶ What do I like to do?
- ▶ What keeps my curiosity? What motivates me?
- ▶ What do I like to work with? People, concepts, things, data?
- ▶ What do I value?
- ▶ What skills do I possess? What new ones can I develop?

Are you in the right program?

- ▶ Career vs Transfer
- ▶ Different Transfer Agreements
- ▶ Long-term goal
- ▶ What can you do with your major?

Transferable Skills

Interpersonal Skills

- Relating well with others
- Assisting others
- Responding to concerns
- Resolving conflicts
- Motivating people
- Being a team player

Leadership Skills

- Decision-making
- Delegating
- Evaluating
- Initiating
- Managing
- Motivating others
- Planning
- Problem-solving
- Supervising
- Team-building

Organization Skills

- Follow-through
- Meeting deadlines
- Multitasking
- Planning
- Setting and attaining goals
- Time management

Communication Skills

- Advising
- Articulating
- Explaining
- Instructing
- Persuading or selling
- Presenting
- Public speaking
- Training
- Translating
- Writing & editing

Reasons to take a career assessment

- ▶ Are you unsure of your major?
- ▶ Are you unaware of the majors offered at Massasoit and related occupations?
- ▶ Are you wondering what to do with your major?
- ▶ Are you unsure of which careers best suit you?
- ▶ Would you like to develop a career plan that works for you?
- ▶ Are you ready to make informed career decisions?

How to get more informed...

Ways Massasoit can help...

- ▶ Take a career assessment
- ▶ Talk with your advisor/faculty member
- ▶ Coursework
- ▶ Internships

What can you do on your own...

- ▶ Volunteer
- ▶ Job Shadow
- ▶ Research online (Google)
- ▶ Informational Interviews
- ▶ Mentor

Internships

- ▶ A great way to “try out” a career
- ▶ Gain professional experience necessary in today’s economy to get an entry level job
- ▶ Develop soft skills transferable to any field
- ▶ Begin to build your network of references for transfer and applications
- ▶ Find on and off campus internship options on MyMassasoit
- ▶ Massasoit’s official non-credit internship program appears on your transcript

We are here to help...

- ▶ Advisement & Counseling
- ▶ Academic Resource Center (ARC)
- ▶ Choices
- ▶ Latch
- ▶ TRiO
- ▶ Career Placement
- ▶ Internships

Tips on how to be successful at Massasoit...

- ▶ Communication is KEY
 - ▶ ALWAYS communicate with your professor and other offices on campus, if they don't know what's going on, they can't help!
- ▶ Attendance
 - ▶ Attend every class!
 - ▶ Even if you're struggling, it is important to still show up and show that you're determined and trying your best.
 - ▶ Be organized
 - ▶ Manage your time well

Remember, career planning involves thinking about which educational and occupational paths will provide you with satisfaction and fulfillment in all aspects of your life, not only in the present, but in the future.