

FOR IMMEDIATE RELEASE

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AKILLIAN GALLERY PRESS RELEASE

Canton, MA—Massasoit Community College, Akillian Gallery, 900 Randolph St. Canton, MA 02021.
August 13-September 11, PHOTOVOICE “*Break These Chains; Breaking Through the Stigma of Mental Illness and Reaching the Other Side.*”

Young adults from the TRACS Program (Transition Resources and Community Supports) of South Shore Mental Health find their voice as a creative means of reducing the stigma and negative stereotypes that affect individuals living with mental health issues.

Photovoice is a unique blend of advocacy, self-discovery, and photojournalism involving the use of photography for social change. It welcomes those who are rarely heard from to use cameras and accompanying narratives to record their lives and use this outlet to promote positive change in their lives and communities.

This exhibit will focus on the photographers’ experiences of living with and overcoming mental health issues and the accompanying stigma. The images shown in this exhibit offer insight to the world as the young adults see and experience it. They hope the community will be moved by viewing the exhibit and that individuals and groups will leave with more understanding and hope for those who combat these challenges.

A reception will be held from 4-6pm on Tuesday, September 1st where the photographers and others involved in the project will be available to talk to. Public invited.

Gallery hours: Mon.-Fri., 10:00-2:00pm or by appointment. Call 781-821-2222 ext. 2124.

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